

# Saybrook Point 5K Road Race

Saturday

**August 27, 2011**

**8:30am**



(Race day registration & sign-in by 7:30 a.m.)  
Pre-registration due by Friday, August 19, 2011

<http://www.oswexchangeclub.com/>

Register on line at: <http://www.hitekracing.com/>

Register at **sound***RUNNER*  
*a running store...and more*

**Old Saybrook, Madison & Branford**

## ***Scholarship Fund Raiser - Road Race!***



***Race starts at Old Saybrook Point and runs north on College Street then circles back along scenic North Cove Rd and concludes at Old Saybrook Point. Parking is available at Dock & Dine parking lot. Registration, awards and other events at the Saybrook Fort site***

**Men & Women Age Groups**  
12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**Sponsored by**  
***Old Saybrook / Westbrook Exchange Club***



**REGISTRATION FORM**

*Saybrook Point 5K Road Race*

**Saturday, August 27, 2011, Old Saybrook, CT**

**8:30 A.M. Start**

<http://oswexchangeclub.com/events.htm>



*Race starts at Old Saybrook Point and runs north on College Street then circles back along scenic North Cove Rd and concludes at Old Saybrook Point. Parking is available at Dock & Dine parking lot.*

**Pre-registration forms must be received no later than FRIDAY, August 19th**

*Saybrook Point 5K Road Race*

**REGISTRATION FORM**

email address: \_\_\_\_\_

**Please print clearly**

Last Name		First Name	
Age (on race day)	Sex (circle) F            M	Telephone (include area code)	
Mailing Address			
City		State	Zip Code
TAC/USA Number (optional)		T-Shirt Size (circle) S                    M                    L                    XL	

Note: 1<sup>st</sup> 200 runners get T-Shirts

**Men & Women Age Groups**

**12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+**

**WAIVER (must be signed by runner or parent/guardian)**

In consideration of the right to participate in the Annual Saybrook Point 5K Road Race, I do hereby, for myself, my heirs, and executors, waiver and release forever and discharge any and all claims for damages which I may hereafter accrue to me against the TAC of the United States, the Connecticut District TAC, the Saybrook Point 5K Road Race Committee, the Old Saybrook/Westbrook Exchange Club, the Town of Old Saybrook and its Commissions, or their officers or agents or assignees. I further certify that I am in satisfactory physical condition and have made ample preparations for the running of 5,000 meters, or have had a recent physical examination by a certified medical doctor.

Date		
Signature		
5K Race Registration	\$22.00	Race day & after August 19th
5K Pre-registration	\$20.00	Must be received no later than FRIDAY, August 19th
TOTAL ENCLOSED: \$	_____	

*Make checks payable to: Old Saybrook/Westbrook Exchange Club*

**Mail all forms and correspondence to:**  
**OLD SAYBROOK/WESTBROOK EXCHANGE CLUB**  
 P.O. BOX 400  
 OLD SAYBROOK, CT 06475

